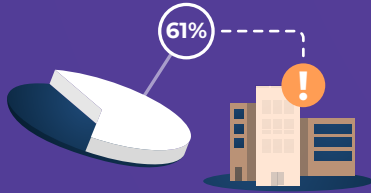


# Cybersecurity Awareness Month

Cybersecurity Awareness Month happens in October each year. This national public awareness campaign focuses on educating Americans about the importance of cybersecurity and how to protect themselves online.

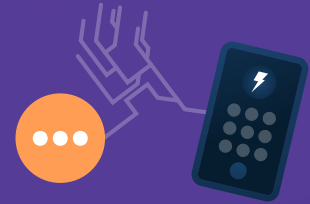
## Did You Know?



**61%** of adults in America have had personal information exposed due to a cyber incident.



As of 2023, estimated total losses arising from cyber complaints in the U.S. exceeded **\$12.5 billion**.



A record number of **880,418** cyber complaints were filed by Americans in 2023.

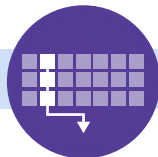
## Protect yourself by using these cybersecurity best practices:



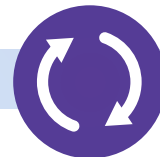
Choose **strong** passwords.



Use **multifactor authentication**.



Regularly **back up data**.



Keep software and applications **up to date**.



**Lock devices** when unattended.



**Avoid** giving out personal information online or over the phone.



Be aware of **different types of phishing methods**, such as vishing, smishing and spear-phishing.



**Be wary** of emails from unknown senders and verify that messages are from a **trusted source** before opening links or downloading files.

For more information about Cybersecurity Awareness Month, visit [www.cisa.gov/cybersecurity-awareness-month](https://www.cisa.gov/cybersecurity-awareness-month).

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